



# Early Learning Class Offerings in the White Center Community

## Fall 2009

The White Center Early Learning Initiative (WCELI) is committed to increasing access and availability of professional development opportunities for early learning professionals. As partners in WCELI, Child Care Resources and Puget Sound ESD are offering the following fall quarter classes. These include offerings made available through Seeds to Success. If you are outside the White Center area and are interested in enrollment, please contact Child Care Resources for space availability.

### CREDIT CLASSES—Starting week of Sept 21st through Dec 11th

*In the event of high enrollment, these classes give priority to Seeds to Success QRIS participants; please contact Child Care Resources about specific rules.*

#### **Guiding Behavior**

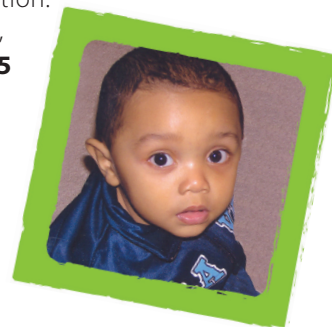
This course examines the philosophical principles and theories that promote social competence and is designed to help adults who work with children, students, and clients to develop effective methods of communication. Classroom management, positive guidance techniques, prevention strategies, conflict resolution, problem-solving, and strategies for building meaningful relationships will be discussed. **Credits 5**

**55 Class Hours**

**Thursdays, 9/24-12/2, 6:30-9:30pm; and Saturdays, 10/10, 10/24, & 11/7, 9am-4pm.**

**Instructor: Jodi Golden-White**

**Location: White Center TBD**



#### **Continuation of the Early Childhood Education Class Series in Somali**

Contact Child Care Resources for more information.

### NON-CREDIT/STARS CLASSES—These classes are offered free for licensed providers in the WCELI area.

*Please contact Child Care Resources for eligibility criteria.*

#### **Series: Tools to Support Children's Social Emotional Development**

This series will cover resilience theory, an introduction to using the Devereaux Early Childhood Assessment (DECA) tool, and practical strategies that can be incorporated with or without the tool. Can be taken as a three-part series or as individual courses.

**STARS credit available for this series**

#### **Supporting Infant/Toddler Emotional Development**

This workshop is an introduction to the DECA's 5-step system for supporting social-emotional development for infants and toddlers. Strategies for curriculum development will be included.

**Oct. 31, 2009; 9am-12pm**

**Instructor: Vanessa Maanao**

**Location: TBD**

**SEE BACK PAGE FOR MORE CLASS OFFERINGS** 

**For information or to register, contact Child Care Resources at  
206-329-1011 x259**



### **Supporting Preschool-Age Children's Social Emotional Development**

This workshop is an introduction to the DECA's 5-step system for supporting social-emotional development for children ages 3-5. Strategies for curriculum development will be included.

**Nov. 14, 2009; 9am-12pm**

**Instructor: Vanessa Maanao**

**Location: TBD**

### **"Building Your Bounce"**

To be effective caregivers and educators of young children, we must also take time to build our own resiliency. This workshop will focus on the adults who care for young children; parents, caregivers/teachers, and family members. We will reflect on the DECA protective factors as they relate to us as adults and explore new ways to promote self-care.

**Dec. 11, 2009; 9am-12pm**

**Instructor: Vanessa Maanao**

**Location: TBD**

## **Series: Get moving and healthy!**

Active physical play is crucial to the physical, mental and social development of children. This series will focus on keeping children healthy and will offer ideas about how to provide active experiences for children throughout the day indoors and out! The three-part series could be taken as a whole or by interest. **STARS credit available for this series**

### **Preventing Childhood Obesity**

In this fun and interactive workshop you'll learn how to stop the epidemic of childhood obesity in its tracks, with easy to use strategies that help children eat healthy and keep their growing bodies in shape. Participants will leave the workshop with ideas and materials to take back to their programs and use in implementing the strategies learned in the workshop and tips for using the *PBS A Place of Our Own/Los Niños en Su Casa* website as a resource.

**Oct. 13, 2009; 6:30-9pm**

**Instructor: Katie Cooney**

**Location TBD**

### **Yoga for Kids**

Physical activity is so important for the children in your care and for you! Learn how to incorporate a fun yoga practice into your program. Come ready to move!

**Nov. 7, 2009; 1-3pm**

**Instructor: Kris Lowe**

**Location TBD**

### **Physical Development and Movement**

Children learn to walk and move in many ways all on their own. This session will review some basics of physical development in preschoolers. We will also participate in a variety of movement activities to enhance development in fun, active ways.

**Nov. 21, 2009; 9:30am-12pm**

**Instructor: Starla Bailey**

**Location TBD**



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