

Love and Knowledge.



The Keys to Healthier Children.

Free healthcare training for parents and guardians!

Learn how to better care for your children when they are ill. Healthcare training and resources will be provided to 100 parents and guardians of children in Head Start programs in the White Center Early Learning Initiative. The training, offered in multiple languages, is made possible through a grant from the UCLA/Johnson & Johnson Health Care Institute.

WHO: Parents/guardians of children in the Head Start White Center Early Learning Initiative (WCELI) programs.

- The First 100 Head Start families to sign & return the "I CAN" training commitment form.

WHAT: "I Can Help My Child Stay Healthy" Training

- **FREE**, fun, 2-hour training that includes a free bag with **healthcare products, lunch, and a healthcare reference book** you can use at home.
- Doctors and nurses from the community will answer questions and offer assistance.
- Health Fair booths with information about local resources will be available.
- **Training offered in English, Spanish and Vietnamese**
- **Interpreters for all other languages.**
- Monthly contacts and celebration dinner May 4th after completing program.

WHY: Learn to be Healthy, Be Healthy to Learn

- To help keep your child in school and ready to learn.
- To help you keep your family healthy.
- To reduce the amount of time loss from work.
- To help you feel more confident in your ability to keep your child healthy.
- To save you time and money – decrease emergency room visits for minor illnesses.

Free Prizes & Giveaways
Healthcare Resources
Celebration Dinner
(upon completion of program)

WHEN/ Saturday, February 5th, 2011

- WHERE:**
- 11:30 a.m. – 2:30 p.m.
 - Educare Early Learning Center, 625 SW 100th St, Seattle, WA 98146



For more information:
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